

PREMIUM ADVANCED HEALTH ASSESSMENT

Your whole body, mapped in 30 minutes.

A doctor-led ZipLaneRx programme with Dr Maxine Morgan, combining advanced non-invasive screening, clinical review and a personalised health blueprint.

 **17**
Screenings

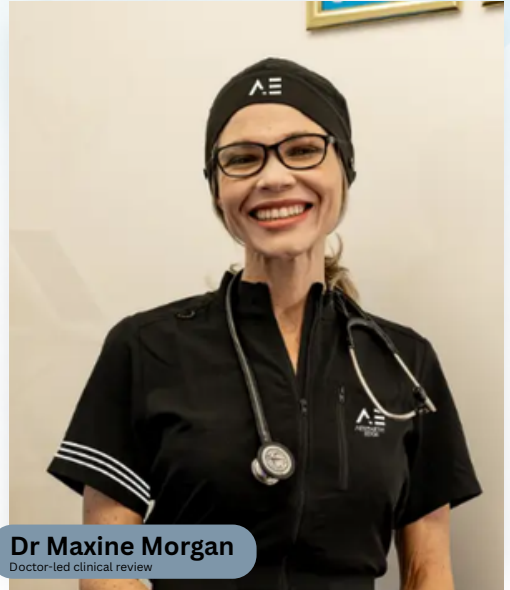
 **30**
Minutes

 **100%**
Non-Invasive

 **1**
Unified Report

Dr Maxine Morgan

Doctor-led clinical review



WHAT WE MEASURE



CARDIO

- ECG
- ABI & TBI
- Pulse wave velocity
- Dual-arm BP
- Heart rate



RESPIRATORY

- Spirometry
- SpO₂ oxygen
- Lung capacity
- Respiratory baseline



METABOLIC

- BMI & BMR
- Body-fat %
- Weight
- Temperature



BODY COMPOSITION

- Bone mineral
- Muscle mass
- Height
- Strength baseline

WHAT YOU RECEIVE



A clinician-reviewed blueprint

Your unified report converts your health data into clear benchmarks, a practical action plan and measurable progress points.

HEART

METABOLIC

LUNG

Why it matters

- 1 Early cardiovascular detection**
Identify risks before symptoms are obvious.
- 2 Precision metabolic insight**
Support more targeted lifestyle decisions.
- 3 Lung and oxygen tracking**
Measure respiratory capacity and endurance.
- 4 Actionable benchmarks**
Track real progress over time.

YOUR ZIPLANERX JOURNEY

1

BOOK ONLINE



Choose a convenient appointment.

2

30-MIN SCREENING



Capture 17 non-invasive metrics.

3

CLINICAL REVIEW



Led by Dr Maxine Morgan.

4

YOUR BLUEPRINT



Receive benchmarks and next steps.

THE MOST COMPREHENSIVE OPTION

Premium doctor-led assessment from £350 per person

For businesses and private clients seeking a deeper, proactive understanding of health.



Speak to Peter Lurie

Proactive Medical & Life Ltd

 0208 207 7394

 info@proactiveinsurance.co.uk

 www.proactiveinsurance.co.uk